### "The healing wonders of Bulgarian roses and hot mineral springs - 8 days"



**1.Day: Arriving in Sofia** Meet at Sofia airport, transfer to hotel 4\*, dinner and overnight.

#### 2. Day: Sofia-Sopot-Karlovo-Stara Zagora /235 km./

Departure to Sopot town. The town is situated in the pedestal of the mountain Stara planina. It is dated from XIV century. Then you will visit the town of Karlovo. Near the town have been found ruins of medieval monasteries and churches that possibly had been set on the debris of pagan sanctuaries. Departure to the rose-distillery "Enio Bonchev", village Tarnichene, Kazanlak region – it is the last one factory with 100-year traditions in the rose oil making. The company has a UNESCO quality golden medal. You will have the opportunity to taste rose water, rose oil by smelling, rose-picking and lavenderpicking. The next destination is one of the newest and fastest developing rose distilleries in Bulgaria, situated close to Kazanlak - "The town of roses". Rose-distillery "Damascena" exports rose oil abroad and it created its own lavender farms. Parts of its products are dried rose petals, rose water, rose jam, rose liqueur, rose honey etc. Lunch in "Damascena". The next destination of the day program is the city of Stara Zagora. Arrival at the city, accommodation in 4\* hotel, dinner and overnight.

### 3. Day: Stara Zagora-Harmanli - Plovdiv /180 km. /

City tour in Stara Zagora and lunch. Departure to the town of Harmanli. In the town there are wineries that produce wines of high quality from basicly local grape farms. Visit of "Kastra Rubra" winery. Introduction in the technology of wine production and tasting. In late afternoon - departure to Plovdiv, accommodation in 4\* hotel, dinner and overnight.













4. Day: Plovdiv - Velingrad /80 km. / Sightseeing in Plovdiv - the Ancient theatre, the Rome Odeon, "Eirene" - archeological complex, Nebet tepe (one of the main hills), the Archeological Museum, the History Museum, the Regional Ethnographic Museum, the Nature Museum and the Museum of Aviation. Lunch in the Old town. Free time. In the late afternoon departure to the Balkans SPA capital – the town of Velingrad. This is the most popular Bulgarian SPA resort. Accommodation in a 4\* SPA hotel, dinner, overnight.

**5. Day: Velingrad – Bansko /75 κm. /** Free time for rest. Lunch, in the afternoon departure to the Bulgarian ski resort – the town of Bansko. It is situated in South-West Bulgaria, in Pirin Mountain. Accommodation in 4\* hotel, free time, dinner in a traditional restaurant – "Mehana".

### 6. Day: Bansko - Rila monastery - Sofia /220 κm. /

Breakfast and departure to the most famous and biggest eastern-orthodox monastery in Bulgaria – The Rila Monastery. Lunch and departure to Sofia. Accommodation in 4\* hotel, dinner and overnight.

#### 7. Day: Sofia

Breakfast. City tour in the Bulgarian capital - Sofia. Lunch and visit of the Boyana church "St. Nikola and Panteleimon". It's included in the world culture heritage list of UNESCO since 1979. Visit of the National History Museum. Traditional Bulgarian dinner and folklore program in restaurant in Vitosha mountain. Overnight.



**8. Day: Departure from Sofia** Breakfast .Transfer from hotel to Sofia Airport for a departure flight.

### "8 days in Bulgarian lands, traditions and scents"



# **1.Day: Arriving in Sofia** Meet at Sofia airport, transfer to hotel 4\*, dinner and overnight.

# 2. Day: Sofia - Sopot - Karlovo - Kazanlak /195 km./

Departure to Sopot town. The town is situated in the pedestal of the mountain Stara planina. It is dated from XIV century. Then you will visit the town of Karlovo. Near the town have been found ruins of medieval monasteries and churches that possibly had been set on the debris of pagan sanctuaries. Departure to the rose-distillery "Enio Bonchev", village Tarnichene, Kazanlak region – it is the last one factory with 100-year traditions in the rose oil making. The company has a UNESCO quality golden medal. You will have the opportunity to taste rose water, rose oil by smelling, rose-picking and lavenderpicking. The next destination is one of the newest and fastest developing rose distilleries in Bulgaria, situated close to Kazanlak - "The town of roses". Rose-distillery "Damascena" exports rose oil abroad and it created its own lavender farms. Parts of its products are dried rose petals, rose water, rose jam, rose liqueur, rose honey etc. Lunch in "Damascena". Departure to Kazanlak, dinner and overnight in 4\* hotel.

#### 3. Day: Kazanlak –Sheinovo – Shipka – Etara - Veliko Tarnovo /105 κm. /

Breakfast. City tour in Kazanlak. Departure to Shipka village. Visit of the Russian church that is famous by its incredible golden domes. Departure to the tip Shipka and Etara. The architecture-ethnographic complex "Etar" represents an open museum. It is one of the town Gabrovo districts, and it's a reflexion of Bulgarian traditions and crafts. Lunch in Etara, departure to Veliko Tarnovo. Dinner and overnight in 4\* hotel.













# 4. Day: Veliko Tarnovo – Suhindol - Veliko Tarnovo /100 km./

Breakfast. Departure to Suhindol. Visit of the winery "Suhindol". Wine tasting, lecture, training by a professional sommelier. Lunch. After training you will be given a certificate for non-professional sommelier. Return in Veliko Tarnovo. Dinner. Overnight stay in 4\* hotel.

#### 5. Day: Veliko Tarnovo

A walk city tour in Veliko Tarnovo – the old capital of Bulgaria. The tour includes: The fortress "Tzarevetz"; Church "The Forty Holy Martirs; Open bazaar, the monument "Mother Bulgaria", Gurko Street and "Asenevtzi" monument. Lunch. Time for rest. Dinner in a traditional tavern with folk program. Overnight stay in 4\* hotel.

# 6. Day: Veliko Tarnovo - Pleven - Sofia /290 κm. /

Breakfast. Departure to Pleven. Sightseeing in Pleven. Lunch. In the afternoon we will visit the Wine Museum in Pleven – the only one on the Balkans. It is situated in a cave in the "Kailaka" region which is a protective zone. Departure to Sofia. Dinner, overnight stay in a 4\* hotel.

#### 7. Day: Sofia

Breakfast. City tour in the Bulgarian capital - Sofia. Lunch and visit of the Boyana church "St. Nikola and Panteleimon". It's included in the world culture heritage list of UNESCO since 1979. Visit of the National History Museum. Traditional Bulgarian dinner and folklore program in restaurant in Vitosha mountain. Overnight.



**8. Day: Departure from Sofia** Breakfast .Transfer from hotel to Sofia Airport for a departure flight.

### "8 days in the most beautiful mountains in Bulgaria"



#### 1.Day: Arriving in Sofia

Meet at Sofia airport, transfer to Borovets /60 km. /, accommodation in 3\* hotel in Borovets, dinner and overnight.



#### 2. Day: Borovets, Rila mountain

Breakfast. Full day excursion in the Rila Mountain. With the possibility of climbing the highest peak of the Rila Mountain, Musala / 2925 m. /. Lunch/dry package. In late afternoon return to the hotel, dinner and overnight.



# 3. Day: Borovets – Rila Monastery – Bansko /210 кm. /

Breakfast and departure to the most famous and biggest eastern-orthodox monastery in Bulgaria – The Rila Monastery. Lunch and departure to Bansko. Accommodation in 3\* hotel, dinner and overnight in Bansko.





#### 4. Day: Bansko, Pirin Mountain

Breakfast. Full day excursion in the Pirin Mountain. Lunch/ dry package. In late afternoon return to the hotel, dinner and overnight.



# 5. Day: Bansko – Strumyani – Sofia /220 km./

Breakfast. Departure to Strumyani. Rafting on the Struma River, 12 km. route which passes for about 2 hours. Lunch. In the afternoon departure to Sofia. Accommodation in Sofia, dinner and

overnight.



#### 6. Day: Vitosha Mountain

Breakfast. Full day excursion in the Vitosha Mountain. Lunch / dry package. In late afternoon return to the hotel, dinner and overnight.





#### 7. Day: Sofia

Breakfast. City tour in the Bulgarian capital - Sofia. Lunch and visit of the Boyana church "St. Nikola and Panteleimon". It's included in the world culture heritage list of UNESCO since 1979. Visit of the National History Museum. Traditional Bulgarian dinner and folklore program in restaurant in Vitosha mountain. Overnight.





### 8. Day: Departure from Sofia

Breakfast .Transfer from hotel to Sofia Airport for a departure flight.

### "Bulgaria, wine and roses – 7 days"



#### 1.Day: Arriving in Sofia

Arrival at Sofia airport and transfer to hotel. Dinner and first "nazdrave" (cheers) with Bulgarian wines. Overnight in Sofia.

# 2. Day: Sofia – Plovdiv /120 km./

City tour of the capital of Bulgaria, Sofia. In the afternoon departure to Plovdiv – the second biggest town in Bulgaria. En route wine tasting in Villa Yustina. Accommodation in Plovdov, 4\* hotel, dinner, overnight.

3. Day: Plovdiv – Bachkovo Monastery - Plovdiv /60 κm. /

Morning walking tour of the Old town of Plovdiv and discover some of the evidences of its 3000 year long history - National Revival architecture, Roman Theater and ruins. Lunch in the Old town. In the afternoon visit to the second biggest Bulgarian Monastery – Bachkovo Monastery including entry to the original refectory with its frescoes. Dinner and overnight in Plovdiv.

# 4. Day: Plovdiv-Haskovo /100 κm. /

After breakfast departure to Haskovo. En route visit to the The Museum Center "Thracian Art in the Eastern Rhodopes". Continue to Haskovo and en route visit to the largest rural church in Bulgaria - Uzundzhovo Church combining in an amazing way various elements of Christianity and Islam. Dinner and overnight in Haskovo.











### 5. Day: Haskovo – Stara Zagora

/230 km. /

Departure to Mezek – a village lying at the foot of the eastern Rhodope, which is well known for its own winery and the Mezzek brand of Bulgarian wine. Wine tasting in a local winery. Continue to Stara Zagora, en route stop for another wine tasting. Overnight in Stara Zagora.

#### 6. Day: Stara Zagora – Kazanlak - Sofia /260 κm. /

After breakfast drive to Kazanluk. Visit to the UNESCO site, the replica of the Thracian Tomb dating back from the 4th century BC and the Historical Museum, Iskra to see the recently discovered Thracian golden treasures. Visit of rose-distillery "Damascena". Parts of its products are dried rose petals, rose water, rose jam, rose liqueur, rose honey etc. Lunch in "Damascena". Departure to Sofia. En route stop for wine tasting in a local winery. Dinner and overnight in Sofia.



**7. Day: Departure from Sofia** Breakfast .Transfer from hotel to Sofia Airport for a departure flight.

### "Wines, SPA and history - 7 days"



#### 1.Day: Arriving in Sofia

Arrival at Sofia airport and transfer to hotel. Welcome dinner and first "nazdrave" (cheers) with Bulgarian wines. Overnight in Sofia.

#### 2. Day: Sofia

City tour of the capital of Bulgaria, Sofia, including visits to one of the biggest cathedrals on the Balkans, Alexander Nevski Cathedral, the oldest surviving Christian church in Sofia - St. Sofia Church, Rotunda of Saint George with mediaeval paintings and the Ruins of the Serdica. Continue to the footsteps of Vitosha Mountain and visit to the National History Museum. Lunch in the area. Visit to Boyana Church, one of the finest UNESCO World Heritage sites (with frescoes from 13th century). Wine tasting in The Home of Wine – the oldest and only winery in the city of Sofia which offers a rich collection of more than 150 types of wines and spirits. Dinner in local restaurant and overnight.

### 3. Day: Sofia- Berkovitsa – Magura- Belogradchik /240 km./

Breakfast at hotel and continue to Belogradchik via the spectacular Iskar Gorge. En route stop for lunch in the town of Berkovitsa. Continue to Belogradchik. The town is famous of its natural phenomena, Belogradchik Rocks. Visit to the Magura Cave, one of Bulgaria's most spectacular limestone caves see the unique prehistoric stone paintings and tasting of natural sparkling and regular wines. The climatic and relief conditions of the area are close to those of the Champagne region in France. Dinner and overnights in Belogradchik.











### 4. Day: Belogradchik – Vidin – Varshets /172 κm. /

Breakfast at hotel and continue to Vidin. Vidin is situated in the Vidin Lowland by the Danube river and it is a border town with Romania to the North and Serbia to the west. It is considered that a Thracian village existed in the region from the 3rd century BC. It was called Dunonia. It was further developed by the Romans and transformed into Bononia Fortress guarding the riverside border road, well known in Antiquity. During the middle ages the town was known as Budin until the early 11th century, when it was called Bdin. During the second half of the 14th century it was the capital of the Vidin Kingdom governed by Ivan Sratsimir. Continue to Varshets, accommodation in 4\* SPA hotel, dinner and overnight.

#### 5. Day: Varshets

Time for rest, SPA and wellness treatments. Full board.

#### 6. Day: Varshets

Time for rest, SPA and wellness treatments. Full board.



#### 7. Day: Varshets - Sofia/172 km. /

Breakfast .Transfer from Varshets to Sofia Airport for a departure flight.